

Join OMC for Mental Health Fair on Saturday, May 2, 2026



FOR IMMEDIATE RELEASE

April 21, 2026

Outpatient Medical Center is inviting the Natchitoches Parish community to attend Blooming in Wellness, a free mental health fair taking place on Saturday, May 2, 2026, from 10:00 a.m. to 1:00 p.m. at the MLK Recreation Center, located at 660 MLK Drive, Natchitoches, LA 71457.

This community-centered event in partnership with Delta Sigma Theta Sorority Inc. and the Natchitoches Parish School Board, is designed to promote mental health awareness, connect residents with local resources, and encourage overall wellness. Attendees will have the opportunity to receive informational handouts, learn about local programs and services, and engage with representatives from various community organizations and businesses dedicated to supporting mental well-being.

Blooming in Wellness aims to create a welcoming space where individuals and families can explore mental health topics, ask questions, and discover tools to support themselves and others in the community. As a long-standing community health center, OMC is proud to partner with Delta Sigma Theta Inc. and encourages all residents to participate in this important conversation about mental health and community support.

For more information, please contact William Salinas, Senior Executive Assistant at 318-357-2071 ext. 3201.

(NOTE: For information about this news release, contact William Salinas, Senior Executive Assistant at info@outpatientmedical.org)

