## OMC Offering Dental Hygiene Services

FOR IMMEDIATE RELEASE

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Outpatient Medical Center (OMC) provides dental hygiene services at its Natchitoches Clinic.

Dental hygiene is more than clean teeth. According to the Centers for Disease Control and Prevention (CDC), poor gum health can worsen blood sugar control in people with diabetes. Preventive care such as brushing twice daily, flossing, limiting sugary foods, and getting regular check-ups is key to maintaining oral health and avoiding serious conditions.

OMC's Dental Hygienist, Kimberly Hoover states that "Dental cleanings are essential for maintaining good oral health and preventing serious dental problems as home brushing and flossing may not remove all the plaque and total build." Build-ups can lead to cavities, gum disease and other serious health issues. Professional cleanings remove this hardened build-up to screen for conditions like oral cancer and identify potential problems and maintain overall and systemic health.

If you've had a dental visit with a treatment plan in the last nine months and would like to schedule a dental hygiene appointment or see an OMC dentist, call 318-352-9299.

OMC accepts insurances and also provides discounts based on ability to pay. The clinic is located at 1640 Breazeale Springs Street, Natchitoches, LA 71457. For more information, visit www.outpatientmedical.org or call our 24/7 contact center at 888-811-8081. Spanish-speaking patients may call our bilingual hotline at 318-357-9441.

(NOTE: For information about this news release, contact William Salinas, Executive Assistant/Quality Assurance Coordinator at info@outpatientmedical.org)