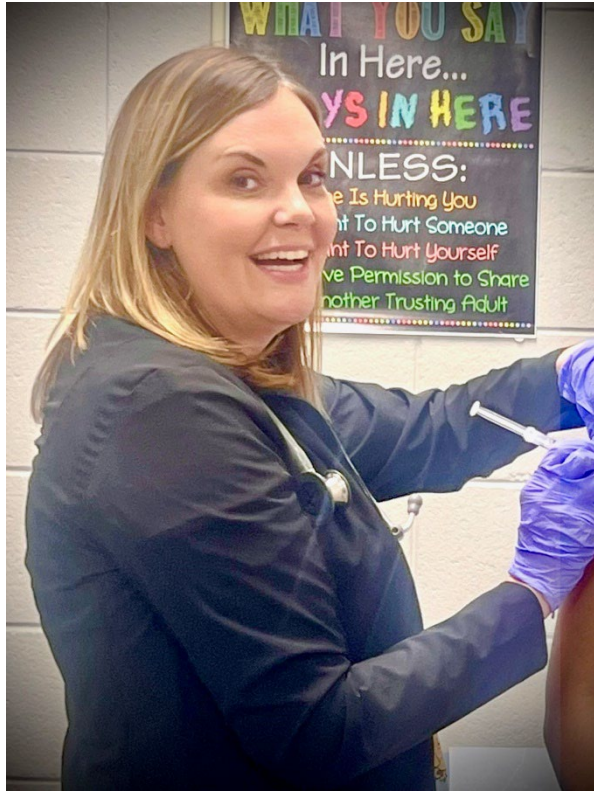


TGIF Provider Spotlight Week 6:

Mary Lancaster, FNP



For the past 10 years, Mary Lancaster has been serving patients as a Family Nurse Practitioner, and she's proudly been with OMC at the School-Based Clinic since November 2016. Her healthcare philosophy is rooted in empathy: "Treat others the way I would want to be treated. Everyone comes from different backgrounds and has different beliefs and challenges. Understanding the patient and their particular situation helps us both arrive at a treatment plan that works best for them."

Mary's biggest piece of healthcare advice? Simple but powerful: "Listen to your patients. What works for one patient may not work for another. Each patient is unique and has different circumstances. I enjoy getting to know my patients and working together with

them."

In the School Based Health Clinic, she's especially passionate about helping kids manage asthma and eczema. "I enjoy educating patients and their families on the preventative side of both. Encouraging them to take medications as prescribed to prevent exacerbations."

When Mary's not in the clinic, she'll be helping her family run a family waterslide business! "I have been blessed to be hands on and working with my sons, husband, and being out in the sun!"