

TGIF Provider Spotlight Week 5:

Dr. Dametra Taylor, DNP



Dr. Dametra Taylor, Doctor of Nursing Practice (DNP), has been a nurse practitioner since 2018 and achieved her DNP credential in 2023! Since joining the Outpatient Medical Center (OMC) team, she has been known for her genuine, strong patient relationship and dedication to patient-centered care.

“My healthcare philosophy is caring for the whole patient: physically, emotionally, and spiritually,” she explains. She ensures that a patient feels safe and seen at all times. When discussing her number one piece of health advice, Dr. Taylor says, “It takes two (the patient and provider) to achieve optimal health outcomes. By educating patients and giving them the

tools they need to help themselves become healthy in every area, the collaboration process and wellness journey achieves the most optimal outcomes.”

Two conditions she is especially passionate about treating are hypertension and diabetes; chronic illnesses that can significantly affect a patient’s quality of life. “These are two chronic conditions that are vital to a patient’s health and well-being, and by playing a role in the treatment and management process from beginning to end gives me great joy to advocate for patient safety and well-being.”

Outside of her clinical work, she enjoys family time and expressing her creative pursuits through writing! “One fun or interesting fact that people might not know about me is that I am an author of two religious books currently on Amazon and working on a third. I love writing and reading books in my spare time when I’m not being a grandma (‘Meme’) to my five grandchildren.”